

IHAP Introduction to Healthcare Employment and Apprenticeships Program



START YOUR NEW HEALTHCARE CAREER

This **free** pre-apprenticeship training program equips participants with the foundational skills and knowledge needed to prepare for many entry-level opportunities in the healthcare field. Healthcare Foundations provides a supportive career pathway, offering flexible online coursework complemented by hands-on, in-person training experiences.

Healthcare Foundations (4 weeks + job search)

Explore healthcare careers and develop relevant job skills tailored to the needs of local healthcare employer partners.

WHERE TO START

Visit seattlejobsinitiative.com/healthcare or
scan the QR code to learn more



Healthcare Foundations Pre-Apprenticeship

Participants in the Healthcare Foundations Pre-Apprenticeship, must reside within King County zip codes. Not sure which county you live in? Get in touch with us at the contact information below.

Eligibility

- Must be at least 18 years old
- Must be low income
- Able to work in the U.S. without sponsorship
- Pass a background check
- Have a high school diploma or GED,
- Be proficient in English (ESL Level 5) and have basic computer skills.

2026 Winter Dates

- 1/05 - 2/06: Open Enrollment
- 2/2: 1st Info Session 10:00 - 11:30 AM, online
- 2/3: 2nd Info Session 10:00 - 11:30 AM, online
- 2/9: Supply Pickup 10:00 AM - 2:00 PM, **in-person**
- 2/13: Welcome Day 10:00 AM - 2:00 PM, online
- 2/17-3/16: Training Begins 9:00 AM - 1:00 PM, online
- 2/23: Basic Life Support: 9:30 AM - 1:30 PM, **in-person**
- 2/24: MH First Aid: 9:00 AM - 4:30 PM, **in-person**
- 2/27: SUD/Overdose: 9:00 AM - 1:00 PM, **in-person**
- 3/16: Applications: 9:00 AM - 1:00 PM, **in-person**

What's Next: After Healthcare Foundations Graduation

Learn more about how to apply for Apprenticeships at: <https://healthcareapprenticeship.org/>

Behavioral Health Apprenticeships

- Peer Counselor
- Substance Use Disorder Professional (SUDP)
- Behavioral Health Technician

Medical Apprenticeships

- Medical Assistant
- Sterile Processing Technician
- Pharmacy Technician

Contact Rudina San Agustin with TRAC Associates at rudina@tracassoc.com for all Behavioral Health (BH) Apprenticeships.

Contact Amy Barto with the Training Fund at abarto@healthcarefund.org for all Medical Apprenticeships (excluding BH).

To learn about more opportunities such as NA-C, please contact apprenticeship@healthcarefund.org.

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Start your journey! Scan the QR code to complete the Healthcare Foundations Pre-Assessment.

Office hours:

Monday-Friday, 9:00-5:00pm

Contact: Seneca Ceja at sceja@seattlejobsinit.com

<https://www.seattlejobsinitiative.com/job-seekers/healthcare/>

